



SUN	MON	TUES	WED	THURS	FRI	SAT
		8AM ABS & GLUTES 1 <i>Fitness Center</i> 9:30AM BUNGEE FITNESS \$ <i>Spa</i> 10AM HAPPY HIPS <i>Fitness Center</i> 12PM AERIAL YOGA \$ <i>Spa</i>	9AM ABS & GLUTES 2 <i>Fitness Center</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11:30AM CARDIO & STRENGTH \$ <i>Fitness Center</i>	10AM YIN YOGA 3 <i>Spa</i> 11:30AM AERIAL YOGA \$ <i>Spa</i> 4PM THE ART OF TASTE \$ <i>The Cove</i>	8AM GLUTE STRENGTH 4 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM OUTDOOR FITNESS <i>Fountain Terrace</i> 11AM AERIAL YOGA \$ <i>Spa</i>	9AM HAPPY HIPS 5 <i>Fitness Center</i> 10:30AM AERIAL YOGA \$ <i>Spa</i>
10AM RISE & SHINE YOGA 6 <i>Fountain Terrace</i> 10:30AM LIFE IN BALANCE TREATS \$ <i>The Cove</i> 11:30AM FLOATING MEDITATION \$ <i>Spa</i>	8AM HIIT W/ PROPS 7 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM GLUTE STRENGTH <i>Fitness Center</i> 11AM AERIAL YOGA \$ <i>Spa</i>	8AM ABS & GLUTES 8 <i>Fitness Center</i> 9:30AM BUNGEE FITNESS \$ <i>Spa</i> 10AM HAPPY HIPS <i>Fitness Center</i> 12PM AERIAL YOGA \$ <i>Spa</i>	9AM ABS & GLUTES 9 <i>Fitness Center</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11:30AM CARDIO & STRENGTH \$ <i>Fitness Center</i>	10AM YIN YOGA 10 <i>Spa</i> 11:30AM AERIAL YOGA \$ <i>Spa</i>	8AM GLUTE STRENGTH 11 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM OUTDOOR FITNESS <i>Fountain Terrace</i> 11AM AERIAL YOGA \$ <i>Spa</i>	9AM RISE & SHINE YOGA 12 <i>Fountain Terrace</i> 10:30AM AERIAL YOGA \$ <i>Spa</i>
10AM RISE & SHINE YOGA 13 <i>Fountain Terrace</i> 11:30AM FLOATING MEDITATION \$ <i>Spa</i>	8AM HIIT W/ PROPS 14 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM GLUTE STRENGTH <i>Fitness Center</i> 11AM AERIAL YOGA \$ <i>Spa</i>	8AM ABS & GLUTES 15 <i>Fitness Center</i> 9:30AM BUNGEE FITNESS \$ <i>Spa</i> 10AM HAPPY HIPS <i>Fitness Center</i> 12PM AERIAL YOGA \$ <i>Spa</i>	9AM ABS & GLUTES 16 <i>Fitness Center</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11:30AM CARDIO & STRENGTH \$ <i>Fitness Center</i>	10AM YIN YOGA 17 <i>Spa</i> 11:30AM AERIAL YOGA \$ <i>Spa</i>	8AM GLUTE STRENGTH 18 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11AM OUTDOOR FITNESS <i>Fountain Terrace</i>	9AM HAPPY HIPS 19 <i>Fitness Center</i> 10:30AM AERIAL YOGA \$ <i>Spa</i>
10AM RISE & SHINE YOGA 20 <i>Fountain Terrace</i> 10:30AM BLEND 'N' BALANCE SMOOTHIES \$ <i>The Cove</i> 11:30AM FLOATING MEDITATION \$ <i>Spa</i> 2PM THE ART OF SALSA \$ <i>The Cove</i>	8AM HIIT W/ PROPS 21 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM GLUTE STRENGTH <i>Fitness Center</i> 11AM AERIAL YOGA \$ <i>Spa</i>	8AM ABS & GLUTES 22 <i>Fitness Center</i> 9:30AM BUNGEE FITNESS \$ <i>Spa</i> 10AM HAPPY HIPS <i>Fitness Center</i> 12PM AERIAL YOGA \$ <i>Spa</i>	9AM ABS & GLUTES 23 <i>Fitness Center</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11:30AM CARDIO & STRENGTH \$ <i>Fitness Center</i>	10AM YIN YOGA 24 <i>Spa</i> 11:30AM AERIAL YOGA \$ <i>Spa</i> 4PM THE ART OF TASTE \$ <i>The Cove</i>	8AM GLUTE STRENGTH 25 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11AM OUTDOOR FITNESS <i>Fountain Terrace</i>	9AM RISE & SHINE YOGA 26 <i>Fountain Terrace</i> 10:30AM AERIAL YOGA \$ <i>Spa</i>
10AM RISE & SHINE YOGA 27 <i>Fountain Terrace</i> 10:30AM BLEND 'N' BALANCE SMOOTHIES \$ <i>The Cove</i> 11:30AM FLOATING MEDITATION \$ <i>Spa</i> 2PM THE ART OF SALSA \$ <i>The Cove</i>	8AM HIIT W/ PROPS 28 <i>Fitness Center</i> 9AM RISE & SHINE YOGA <i>Fountain Terrace</i> 10AM GLUTE STRENGTH <i>Fitness Center</i> 11AM AERIAL YOGA \$ <i>Spa</i>	8AM ABS & GLUTES 29 <i>Fitness Center</i> 9:30AM BUNGEE FITNESS \$ <i>Spa</i> 10AM HAPPY HIPS <i>Fitness Center</i> 12PM AERIAL YOGA \$ <i>Spa</i>	9AM ABS & GLUTES 30 <i>Fitness Center</i> 10AM AERIAL YOGA \$ <i>Spa</i> 11:30AM CARDIO & STRENGTH \$ <i>Fitness Center</i>			