

# WEEKLY CLASS SCHEDULE

## DECEMBER-JANUARY 31ST

	SUN	MON	TUES	WED	THURS	FRI	SAT
7AM							
8AM	BODYWEIGHT HIIT <i>with Olivia</i> Fitness Studio	OUTDOOR FITNESS FUSION <i>with Ren</i> Fountain Terrace	LAGOON HIKE <i>with Ren</i> Meet in Lobby	BODYWEIGHT HIIT <i>with Ren</i> Fitness Studio	RISE & SHINE YOGA <i>with Claudia</i> Fountain Terrace	OUTDOOR FITNESS FUSION <i>with Ren</i> Fountain Terrace	
9AM	RISE & SHINE YOGA <i>with Claudia</i> Fountain Terrace	RISE & SHINE YOGA <i>with Athena</i> Fountain Terrace	WATER FITNESS <i>with Johnny</i> Ocean View Pool	\$35 AERIAL YOGA <i>Olivia</i> Yoga Studio	\$35 AERIAL YOGA <i>with Claudia</i> Yoga Studio	RISE & SHINE YOGA <i>with Olivia</i> Fountain Terrace	\$35 BUNGEE FITNES <i>with Johnny</i> Yoga Studio
10AM	\$35 AERIAL YOGA <i>with Olivia</i> Yoga Studio	GLUTE STRENGTH <i>with Ren</i> Fitness Studio		BODY & BARRE <i>with Ren</i> Fitness Studio		GLUTE STRENGTH <i>with Ren</i> Fitness Studio	<u>10:30</u> HAPPY HIPS <i>with Johnny</i> Fitness Studio
11AM	\$50 INTENTION BRACELETS <i>with Claudia</i> Meet in Lobby	\$35 AERIAL YOGA <i>with Athena</i> Yoga Studio	HIIT WITH PROPS <i>with Ren</i> Fitness Studio \$35 BUNGEE FITNES <i>with Johnny</i> Yoga Studio		HIIT WITH PROPS <i>with Ren</i> Fitness Studio	\$35 AERIAL YOGA <i>with Olivia</i> Yoga Studio	
12PM							
1PM							
2PM							
3PM							